

CURRICULUM VITAE (version7)

1976 until January, 2021

Personal details

Name : Mustapha Moutarazak
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City : 6162 XN, GELEEN, Netherlands
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E-mail (private) : m.moutarazak@hotmail.com
Date of birth : 22 October 1963
City of birth : Casablanca (Morocco)
Civil status : Married and (2 daughters: Chaima and Assia)
and 2 granddaughter: Aya (2yr) and Lina (4yr))
Nationality : Netherlands



Personal profile

Expert in the field of poomsae / freestyle and para poomsae for many years and a lot of experience in preparing, organizing and executing activities and also possesses coordinating capacity, accurate, result-oriented, customer-service-oriented, planner-organizational qualities and excellent communication and social skills. I enjoy helping people and can passionately inspire them to achieve their goals.

Education

- MBO, Information archiving management
- MBO-4 Plus, Logistic management
- MBO-4 Plus, Marketing; communication and Pr management
- LTS and MBO, Mechanical engineering

Work experience

- Department of documentation and archives at the Municipality of Sittard-Geleen (from 2014).
- All-round general and technical employee / personal driver of the Mayor at the Municipality of Sittard-Geleen (until 2013).

Athletic achievements

Participated in Kyorugi and Poomsae at national and international tournaments worldwide, and was a member of Kyorugi Dutch team for about 10 years, and also

received the best athlete cup a few times .. the training was 17 hours a week in addition to my studies... and I had been national coach for the Dutch federation.

- participated in 1988 Olympics in Korea.
- participated multiple times in World games, World, European championship and also some inter against country such as NED-KOR and NED-BEL and NED-AUS....
- multiple national champion.
- medalist at international championship, such as Dutch open, German open, French open, Danish open, UK open, Austria open and other open championship ...

My Dan graduations

- 8 dan-kukkiwon (KKW)
- 9 dan-Changmookwan (CMK)
- 2 dan Hankumdo (IHF)

Officiating International Events

World Taekwondo (WT):

- Vice-chairman Poomsae committee.
- Poomsae referee chairman.
- former Ad-Hoc chairman para tkd Poomsae committee.
(Written new regulations and online meeting several times)
- Instructor of WT Education (from 2016: Lessons given in Almost all countries in 5 continents Asia / Africa / Europe / PanAm / Oceania.
- All WT Poomsae Online Event 2020 - 2021



Appointed as WT technical Delegate for:

- 2017 Austria Poomsae Open G1.
- 2017 Austria Open Para Poomsae G1.
- 2018 Africa Poomsae Senior Championships G4.
- 2019 Croatia Open Poomsae G1.
- 2020 Turkish Open Poomsae G1.
- 2020 WT President's Cup Poomsae G1 - Europe region.
- 2021 WT President's Cup Poomsae G1 - Europe region.
- 2021 ETU European Poomsae G4 .. Etc...



European Taekwondo Union (ETU):

- Chairman Poomsae Committee.
- Poomsae Referee chairman.
- All ETU Poomsae Online Event and Workshops 2020 - 2021

Kukkiwon:

- Member of Kukkiwon Advisory Committee.
- Kkw examiner

Netherlands Federation (TBN):

- Poomsae Referee Director.
- Chairman National Poomsae Committee.
- Members of National - exam committee.

Belgium Federation (VTB & ABFT=BTF):

- Poomsae Referee Director.

At the invitation of countries as poomsae referee chairman and technical supporter:

France - Austria - turkey - morocco - Luxembourg - Serbia - USA - Sweden - Qatar and Germany...etc..

Education & Achievements

Current Seminar activities for National Federation worldwide:

Sweden - France - Morocco - Belgium - Libya and Regional - Clubs ..etc.



Qualification:

- WT Poomsae/Freestyle Referee S class.
- WT Kyorugi Referee 1st class.
- ETU International WTE Instructor Diploma.
- ETU Poomsae Referee 1st class
- WT International Poomsae Coach Diploma.
- WT International Kyorugi Coach Diploma.
- Kukkiwon Hanmadang Referee 3rd class.
- Kukkwon Poom/Dan examiner 2nd class.
- Kukkiwon Foreign Instructor Course 2nd class.
- Dutch TKD Federation Poomsae Referee 1st class.
- Dutch TKD Federation Kyorugi Referee 1st class.
- Dutch TKD Federation Instructor Course 1st class.



Kyorugi Referee

I have been an Kyorugi Referee since 1980, after have successfully taken Number course of World Taekwondo (WT). I have refereed of all in the world between the best athletes in Kyorugi competition: Dutch Open G2, Belgium Open G1, Moldova Open G1 , German Open G1, Spanish Open G1, Portugal Open, British Open G2, Austria Open G1, US Open G2, Turkish Open G1, Qatar Open G1, Serbia Open G1, Morocco Open G1, Luxemburg Open G1, Croatia Open G1, World Para G4 and World Universiad G4, 1st President Cup G2,etc.

And helping Dutch National/Regional and Belgium National/Regional.....



VJ during European Para championship 2015



Ref. during World Deafychampionship 2013

Poomsae/Freestyle Referee

I have successfully taken and rounded of courses of World Taekwondo (WT) / European Taekwondo Union (ETU) / Kukkiwon (World Taekwondo Headquarters). WT Poomsae/Freestyle Referee: S class // ETU Poomsae Referee: 1st class // Kukkiwon Hanmadang Referee: 3rd class // Netherlands Federation (TBN): A1 class // Belgium Federation (VTB-ABFT= BTF): A1 class.

I have been an Poomsae Referee since 1992. I am now 59 years old and holder of 8th Dan Kukkiwon and 9^e Dan ChangMookKwan. I have refereed of all in the world between the best athletes in taekwondo poomsae/freestyle. My experience, combined with my knowledge, my skills, honesty, objectivity and alot of hard work, helped me to be nominated as one of the best Poomsae referee in the world during the 2nd World Poomsae Championships in Inchoen - Korea 2007 and 9th European Taekwondo Poomsae Championship in Antalya - Turkey 2007.

I have received from Kukkiwon a letter of commendation during the Hanmadang International Referee course in 2009.

- 1) Vice Chairman WT Poomsae Committee (WT) - (2015 until 2021).
- 2) ex Ad-Hoc chairman para tkd Poomsae committee (2020).
- 2) ex-Member WT Para- Tkd Poomsae committee - (2015 until 2017).
- 3) WTE Poomsae Referee Director and WTE Chairman Poomsae Committee (2015-2020).
- 4) Member of Kukkiwon Advisory Committee (2016 →).
- 5) Chairman Poomsae/freestyle Referee in Netherlands (TBN) - (from 2004).
- 6) Chairman Poomsae/freestyle Referee in Belgium (VTB)-(from 2010).
- 7) Poomsae chairman in technical committee in Netherlands (TBN)-(from 2014).

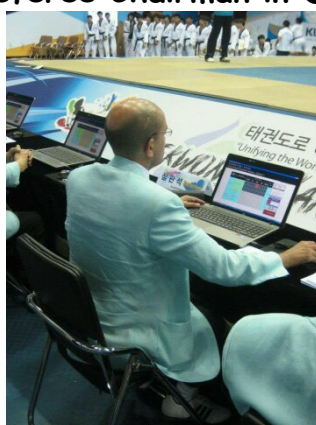
- 8) Chairman ETU A-Class Poomsae/Freestyle Committee (ETU)-(from 2015).
- 9) Poomsae vice chairman during World Universiad - China / Gwangju 2015.
- 10) Poomsae Referee chairman during Qatar Open 2015.
- 11) Poomsae/freestyle chairman during Turkish Open 2015.
- 12) Poomsae Chairman during World Universiad-China / Hohhot 2014.
- 13) Poomsae Chairman during World Para Russia / Moscow 2013.
- 14) Poomsae Chairman during Summer Deaflympic Bulgaria / Sofia 2013.
- 15) Poomsae vice chairman during world Universiad - China / Shenzhen 2011.
- 16) former Member WT Poomsae Committee (2014-2015).
- 17) former vice chairman ETU Poomsae Referee committee (2012 - 2014).
- 18) former member of world Hanmadang Referee Committee - (2012).
- 19) **voluntary work** done a lot in committees for federation (TBN) from 1985.



Committee meeting in Korea



Poomsae referee Chairman in Qatar 2015



Referee during World Hanmadang (several years)

Voluntary job as Poomsae/Freestyle chairman as follows

Give courses and trainings for starters up to national/international technical referees and administrative work. Further I wrote the rules according WT standard in conformation with Dutch Federation (TBN). Professionalize quality and growth. These views characterize the focus for the coming years. Technical taekwondo is gaining more and more importance within the world of taekwondo and beyond. This visibility and positive development result in more attention for the sport within taekwondo. To my opinion, technical taekwondo needs to be promoted further, and made more spectacular by introducing the proper guidelines. We followed the right track we have to stick to the chosen direction I am satisfied with Mr. Marc van Keulen (Director) of Dutch Taekwondo Federation (TBN), And Belgium Taekwondo Federation (BTF). These gave me the freedom to explore new possibilities. Also it's nice to have regular contact about the normal procedures, advice and the latest developments. The members also benefit from this. Good technical referees are important because they contribute to the acceptance of competition results. In the coming years I will, via an action plan, increase the quality of the technical referees and reinforce the technical jury organization. The technical referees have to take refreshing courses in order to keep up with continuous international developments. Simulation exercises, like video tapes of national and international competitions, can be used. The jury corps has to grow in the future. Courses are being offered to increase the size of the current national jury corps and promotions to keep motivating them. On the other hand, current referees get the opportunity to refresh their knowledge. Furthermore, I hope that we, as referees, can meet twice or three times per year for the future in order to pay more attention to theory and practice. The level of knowledge will certainly benefit from this.





Dutch and Belgium Poomsae/Freestyle Referee corps



*Above some pictures of referee seminar in theory / practicum,
I gave to Dutch and Belgium Poomsae/Freestyle Referees*

And more, I am active as a poomsae/freestyle referee and as a supporter in the following countries: Netherlands, Belgium, Germany, Austria, Spain, England, Poland, Luxemburg, Denmark, Finland, Portugal, USA, Canada, Italy, Serbia, France, Morocco, Park Pokal, Turkey, Qatar, China, Taipei, Korea and more→.

During all World Poomsae/freestyle and all European Championships and all Universiade and all Para, I was Referee and vice chairman or chairman.



*Referee Briefing during Belgium Open Poomsae/Freestyle
Technical meeting during Belgium Open*

I have learned and worked with grandmasters

Mr. Jong-kwan Lee and Mr. Kyu-hyun Lee and Mr. Kim Kyung-Chan and Mr. Hwang In-Sik and Mr. Kang -Pil, Mr. Chakir Chelbat and Mr. Ben Oude Luttikhuis.



International Taekwondo Masters Cup

Few years ago, I organized the Masters Cup for the 7th time. It's an successfully international A-classed tournament in Kyorugi (sparring) from 2nd geup and technical (poomsae) from 1st Dan/Poom and highbreak and powerbreak, Hanbonkyorugi, Hosinsul, poomsae with music, speedbreak for pupils, starters, juniors and seniors. This tournament is nationally as well as internationally acknowledged as organizational high classed. National teams of Austria, Denmark, Belgium, France and Czech Republic took part in this tournament. Other participating countries were Israel, Italy, Luxembourg, Poland, San Marino, Switzerland, Ireland, USA, Belarus, Lithuania, Germany, Portugal, Spain, Azerbaijan, Nigeria, Tanzania, Zimbabwe, Albania, Turkey, Morocco and of course The Netherlands. Also because of the help of volunteers of our club and of the municipality Sittard-Geleen, it became a successful tournament.



(First Day) **Kyorugi**(sparring)



(second Day) **Technical poomsae/Freestyle/ Hanmadang**



Media attention for taekwondo as a result of Taekwondo Masters Cup, organized by a club

Special honouring:

- 1989 and 1990: Sportsman of the year
- 1995: Received a very special from mr. Saki President of (ETU) medal of honour in bronze.
- 2006: Received a very special from mr. Ben Oude luttikhuis former President of (TBN), medal of honour in bronze.
- 2007: Received a very special from our Queen of Netherlands, **Member of Order of Queen Oranje-Nassau**.
- 2015: Received a Certificate of Appreciation from Belgium Tkd Federation.
- 2015: Received highest award **LIFETIME ACHIEVEMENT** by Official Taekwondo Hall of Fame held in Zagreb on Sept. 25th.



Received a very special from our Queen of the Netherlands



Hall of Fame 2015

Former National Junior coach (Dutch Taekwondo Federation):

Besides my career as competitor, I also trained the national juniors team. Training and scouting of sportsmen. Motivating sportsmen. Coaching sportsmen during contests. Taking care for a good group atmosphere. Taking care of creating good training conditions and maintaining contacts with parents of (young) sportsmen. This resulted in 3 European champion and 2 quarter finalists. And to my full satisfaction, many did so, which led to enormous good results.



National coach



3rd place team during European champ.

I was more active as a kyorugi and sometimes poomsae player and have the height level achieved in the world:

- 15 year member of Netherlands team
- National participated and regional and World - European - World Cup - internationals - participated in the Olympic Games 1988 in Seoul.
- And have also participated in poomsae competitions.
- I have received award of best player of the kyorugi competition.



Achievements within the club

Taekwondo Vereniging Moutarazak (T.V.M.) member of Dutch Taekwondo Federation (TBN) number 150215 is a non commercial club where training is given in kyorugi, poomsaes, Hanbon, Hosinsul, Kyek-pa, highbreak and poomsae with music. Founded by Mr. M. Moutarazak in January 1990.



The club's goal is to practice and promote Taekwondo:

- **Courtesy; Integrity; Persistency; Self control and Enormous mind power.**

The club is characterized by hospitality and a dedicated practice of the sport. By dedication and professional practice of taekwondo, TVM achieved national and international results. The club has two special teams in technical and sparring, who participate in national and international A-competitions. Furthermore, several club members are part of the Dutch sparring and technical selection team.

- 3 Members were elected sportsmen of the year; 1 member elected as sportswoman of the year, 1 team elected as sports team of the year.
- Since the foundation some 71 Dan/Poom holders have been guided.

- 2 Members were elected as best technician of a tournament. 6 Members are also members of the national selection team (kyorugi and poomsae). 31 Members are graduated and qualified referees/judges. 71 Times Regional, 24 Times National and 17 Times International Champions
- Club members have been participate kyorug and poomsae in Belgium; Italy; England; France; Germany; Denmark; Scotland; Austria, Turkey, and Sardinia.
- 17 Times best club of a tournament both national as international.



Kyorugi team



and Poomsae team



club members who passed the geupexam

club members who passed the black belt exam (Dan/Poom)



Other:

- Sometime give seminar / training to the National Poomsae team (TBN).
- Give clinics National and International in Kyorugi and Poomsae/Freestyle.
- Member of the technical committee TC (college higher Dan- holders) of Dutch Taekwondo Federation. I am a regular examiner for regional and national Dan-examiner, but I also take part in the higher Dan holders committee. I also take part in the committee who examines higher Dan exams and draws up and evaluate rules.
- Give taekwondo trainings annual on primary schools and high schools.
- Former member of the Dutch Taekwondo Federation (TBN) competition organization. Think along about how to best and efficiently organize a taekwondo competition and to promote quality.
- Former assistant coach of kingdom games team of (TBN).
- Former coach of Youth Olympics for municipality Sittard-Geleen team.
- Former member of youth committee (sparring) of (TBN).
- more.....



Seminar in Netherlands, Belgium, Portugal, Morocco and other countries... Special Clinic **Above some pictures of clinics I gave.** The atmosphere was terrific during all clinics and the participants especially valued the enormous variation of the clinic.



Objectives and Goals:

I learnt how to live better, how to do things better and how to improve myself. I learnt about discipline, respect, organization and helping others. Also learn how to live peacefully and to cooperate with others. I do believe these qualities that I learned from taekwondo make me a better person; the person who I am today. Moreover, I have a strategy in my life.

Special thanks: Herewith I first would like to thank my family for the support and love they gave me through all these years. Further, I want to thank all the club assistants / members / parents. Also special thanks to all my taekwondo friend / colleagues in Netherland and all of the World.



On this picture you can see master Mustapha Moutarazak with WT President Dr. Chungwon Choue.

KamsaHamnida